



PURITY DAIRIES

DELICIOUS RECIPES USING PURITY PRODUCTS

STRAWBERRY SHAKE

1 banana, sliced

1 c unsweetened frozen strawberries

1 c PURITY 1/2 PLUS AB MILK

2 c PURITY NONFAT FROZEN YOGURT (strawberry, vanilla or chocolate)

Combine ingredients in blender and process. Pour into glasses and serve chilled.

Yield: 4 servings.