



# PURITY DAIRIES

DELICIOUS RECIPES USING PURITY PRODUCTS

## FAT-FREE FUDGY BROWNIES

1/3 c cocoa  
2/3 c flour  
2/3 c sugar  
3/4 t baking soda  
1/2 t baking powder  
1/8 t salt  
1 t instant coffee dissolved in 1/3 c boiling water  
1/3 c PURITY 0% Plus AB Nonfat Milk  
1 (2 1/2-oz) jar baby food pureed prunes  
1 1/2 t vanilla  
2 egg whites  
Confectioners sugar for dusting, optional

Combine cocoa, flour, sugar, baking soda, baking powder and salt in a mixing bowl and stir to combine. In a separate bowl combine coffee, prunes, vanilla and egg whites; mix completely. Add the liquid ingredients to the dry ingredients and stir to mix. Pour batter into an 8 X 8-inch baking pan, sprayed with vegetable spray. Bake in preheated 350 F oven for about 30 minutes or until brownies test done. Allow to cool for 10 minutes before inverting onto a serving plate. Cool completely before cutting into 16 squares. May dust with confectioners sugar if desired.

Yield: 16 brownies.

### Nutrition Information Per Serving:

60 calories, 2 g protein, 14 g carbohydrates, 1 g fat, 1 mg cholesterol, 95 mg sodium