



# PURITY DAIRIES

DELICIOUS RECIPES USING PURITY PRODUCTS

## TROPICAL FRUIT FREEZE

2 c PURITY BUTTERMILK

1 1/2 c crushed pineapple with juice

1 (11-oz) can mandarin oranges, drained and chopped

1/2 c chopped, toasted pecans

3/4 c sugar substitute

1/2 t vanilla extract

1/4 c almond extract

Combine all ingredients in a large bowl and stir to mix. Pour into an 8 X 8-inch square dish and freeze. Cut into squares and serve as a dessert or salad on lettuce leaf. Yield: 6-9 servings. May also pour into 12 3-oz cups and place a popsicle stick in the center of each cup.