



PURITY DAIRIES

DELICIOUS RECIPES USING PURITY PRODUCTS

STRAWBERRY BANANA SHAKE

1 banana, sliced

1 cup unsweetened frozen strawberries

1 cup Purity 1/2 Plus AB Lowfat Milk

1 1/2 cups Purity Strawberry Frozen Yogurt

Combine ingredients in blender and process until smooth. Pour into glasses and serve chilled.

Yield: 4 servings.