



PURITY DAIRIES

DELICIOUS RECIPES USING PURITY PRODUCTS

EASY WHITE CHOCOLATE MOUSSE

1 1/2 c PURITY cold milk

1 (3.3 oz) size instant white chocolate instant pudding and pie filling*

1 (8-oz) container lite frozen whipped topping, thawed

Fresh fruit such as blueberries, strawberries, peaches, etc.

Beat pudding mix into milk in bowl with wire whisk or electric mixer for at least 2 minutes. Fold in frozen whipped topping. Pour into 4 individual serving dishes. Chill; top with fresh fruit to serve.

Yield: 4 (3/4-1 c servings)

*May also use sugar free, fat free instant white chocolate pudding and pie filling with PURITY 1/2 Plus AB Milk.