



PURITY DAIRIES

DELICIOUS RECIPES USING PURITY PRODUCTS

CHOCOLATE FUDGE DELIGHT

1 1/2 cups cold PURITY SWEET ACIDOPHILUS MILK

1 (1.5-ounce) fat free, sugar free, instant chocolate fudge pudding mix

1 (8-ounce) container lite or fat-free frozen whipped topping, thawed

2 cups crumbled fat free or reduced fat chocolate brownies, chocolate muffins or chocolate cookies

1 pint fresh strawberries or raspberries

Pour milk into bowl; add pudding mix and beat until well blended. Gently stir in 1 cup whipped topping. Place 1 cup of chocolate brownies into large serving bowl; top with half the pudding mixture and half of berries; repeat layers. Spoon into individual serving bowls and top with a dollop of whipped topping and additional berries and mint sprig for garnish.

Yield: 4 servings.