



PURITY DAIRIES

DELICIOUS RECIPES USING PURITY PRODUCTS

BLACK BEAN LAYERED DIP

- 2 (15-oz) cans black beans, rinsed and drained
- 1 (8-oz) carton REDUCED FAT PURITY SOUR CREAM
- 1/2 c reduced fat mayonnaise
- 1 (1.25-oz) pkg taco seasoning mix
- 2 c Mexican blend shredded cheese or sharp cheese or Monterey Jack cheese
- 1-2 c drained fresh salsa or pico de gallo
- 1 bunch green onions, chopped
- 1-2 c shredded lettuce or torn lettuce leaves
- 1 (2-oz) can sliced black olives, drained

Spread black beans in the bottom of a large casserole dish or pie plate. Combine taco seasoning mix with REDUCED FAT PURITY SOUR CREAM and mayonnaise in a bowl and mix. Spread on top of black beans. Sprinkle cheese on top. Add pico de gallo and spread on top of cheese. Top with green onions and lettuce. Finish layered dip with black olives.

Yield: 8-10 appetizer servings.