

DEATH BY CHOCOLATE

PURITY LIGHT ICE CREAM

Nutrition Facts	
Serving Size 1/2 cup(68g)	
Servings Per Container	
Amount Per Serving	
Calories 130	Calories from Fat 35
% Daily Value*	
Total Fat 4g	6%
Saturated Fat 3g	16%
Trans Fat 0g	
Cholesterol 5mg	2%
Sodium 75mg	3%
Total Carbohydrate 21g	7%
Dietary Fiber 1g	5%
Sugars 17g	
Protein 4g	8%
Vitamin A 6%	•
Calcium 15%	•
Vitamin C 0%	
Iron 10%	
* Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Sat Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Protein	50g 65g
Calories per gram:	
Fat 9	• Carbohydrate 4 • Protein 4

INGREDIENTS: milkfat and nonfat milk, chocolate fudge ribbon [high fructose corn syrup, water, dextrose, butter (cream, salt), corn syrup, nonfat dry milk, cocoa (processed with alkali), pectin(pectin, dextrose, sodium citrate), soy lecithin (emulsifier), salt, potassium sorbate (preservative)], sugar, chocolate chips [powdered sugar (sugar, cornstarch), coconut oil, cocoa (processed with alkali), partially hydrogenated coconut oil, salt, soy lecithin, vanilla extract], corn syrup, cocoa (processed with alkali), propylene glycol monoesters, mono & diglycerides, guar gum, cellulose gum, carrageenan, vitamin A palmitate.

Contains: soy, coconut, milk