

# FRENCH ONION DIP

PURITY CULTURED PRODUCTS

## Nutrition Facts

Serving Size 2 tbsp (31g)  
Servings Per Container

### Amount Per Serving

**Calories** 60 Calories from Fat 45

% Daily Value\*

**Total Fat** 5g 8%

Saturated Fat 3.5g 17%

Trans Fat 0g

**Cholesterol** 20mg 7%

**Sodium** 260mg 11%

**Potassium** 60mg 2%

**Total Carbohydrate** 3g 1%

Dietary Fiber 0g 0%

Sugars 2g

**Protein** less than 1g 2%

Vitamin A 4% • Vitamin C 0%

Calcium 4% • Iron 0%

\* Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500mg	3,500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Protein		50g	65g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: Cultured milk, cream, whey, nonfat milk, food starch-modified, dehydrated onion, salt, hydrolyzed vegetable protein (soy and corn), sugar, monosodium glutamate, sodium phosphate, guar gum, carrageenan, calcium sulfate, locust bean gum, dehydrated parsley, dehydrated garlic, natural and artificial flavors, mono and diglycerides, sodium citrate, potassium sorbate and sodium benzoate (preservatives).

Contains: Milk, Soy